



# Shelley's Day Spa & Salon Skincare Facial Intake Form

Name: \_\_\_\_\_ Mobile# \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

DOB: \_\_\_/\_\_\_/\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Referred By: \_\_\_\_\_

## EXPECTATIONS AND HISTORY

1. Which conditions would you like to improve?

Acne Scarring  Hyperpigmentation  Acne  Broken Capillaries  Age Spots

Stretch Marks  Enlarged Pores  Surgical/Facial Scars  Fine Lines & Wrinkles

Other: \_\_\_\_\_

2. Have you ever had a facial treatment in the past  Y  N If yes explain: \_\_\_\_\_

3. What special areas of concern do you have? \_\_\_\_\_

4. What is the reason for your visit today? \_\_\_\_\_

5. What is your Ethnic Background? \_\_\_\_\_

6. Do you ever experience CHECK ALL THAT APPLY

Flakiness  Tightness  Redness  Excessive Oily Shine during Day

7. What is your present Skin Regimen? CHECK ALL THAT APPLY

Soap & Water  Cleanser  Toner  Mask  Moisturizer  Exfoliation  Sun Block DAILY

Other: \_\_\_\_\_

8. Do you blush easily  Y  N

9. Do you CHECK ALL THAT APPLY  Sun Bathe  Use a Tanning Bed

10. Have you ever had CHECK ALL THAT APPLY  Peels  Microdermabrasion  Facial Surgery

Botox  Cosmetic Fillers  Laser Resurfacing  How Recently? \_\_\_\_\_

11. Are you under treatment for any current skin conditions? \_\_\_\_\_

12. Does your skin heal  Fast  Scar  Pigment  Keloids

13. Do you bruise easily?  Y  N

14. Do you get fever blisters?  Y  N



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15. What medications/ hormone replacement/ vitamins do you presently take?  
\_\_\_\_\_

16. Have you ever used \_\_\_Accutane \_\_\_Retin A \_\_\_Renova \_\_\_Tropical Antibiotics \_\_\_Tazarac  
\_\_\_Alpha Hydroxy Acid

17. Any personal or family history of skin cancer? \_\_\_Y \_\_\_N

Allergies \_\_\_Y \_\_\_N  
When/What \_\_\_\_\_

Epilepsy \_\_\_Y \_\_\_N

Arthritis \_\_\_Y \_\_\_N

Heart Disease \_\_\_Y \_\_\_N

Blood Pressure \_\_\_Y \_\_\_N Check one \_\_\_High \_\_\_Low \_\_\_Normal

Infections \_\_\_Y \_\_\_N

Eczema \_\_\_Y \_\_\_N Where on the body? \_\_\_\_\_

Pace Maker \_\_\_Y \_\_\_N

Cancer \_\_\_Y \_\_\_N

Smoker \_\_\_Y \_\_\_N

Cataracts \_\_\_Y \_\_\_N

Cholesterol \_\_\_Y \_\_\_N

Menopausal \_\_\_Y \_\_\_N

Varicose Veins \_\_\_Y \_\_\_N

Contact Lenses \_\_\_Y \_\_\_N

Have you had a reaction to \_\_\_Cosmetics \_\_\_Metals \_\_\_Medication \_\_\_Food \_\_\_Fragrance  
\_\_\_Air Borne Particles Other? \_\_\_\_\_

**FOR WOMEN** Are you pregnant? \_\_\_Y \_\_\_N Do you experience hormone imbalances? \_\_\_Y \_\_\_N

**FOR MEN** Do you shave with \_\_\_Electric Shaver \_\_\_Razor

Do you experience skin breakouts? \_\_\_Y \_\_\_N

How many glasses of water do you consumer daily? \_\_\_\_\_

How many cups of caffeinated beverages do you consume daily? (coffee, tea, soft drinks) \_\_\_\_\_

**Your technician will recommend the appropriate schedule for future skincare treatments and professional at home care in order to achieve your skin improvements goals.**

Please sign below to acknowledge all information is true and correct.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print: \_\_\_\_\_